

University of Pretoria Yearbook 2020

Foundations of sports coaching sciences 111 (YCS 111)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	12.00
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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